



ARMY PUBLIC SCHOOL  
VIDYA PRAVESH FOR SEAMLESS TRANSITION



**CLASS- I (Sub-Moral Science )**  
**Textbook- The Essence of Life**

Month/ No of Periods	UNIT/ LESSON	Domain & CurricularGoals (mapping withFoundational stage)	Competency& Learning Outcome	21st Century skills	Interdisciplinary integration	Learning Space (Suggestive)	Assignments (Suggestive) (Observation, Checklist, Worksheets, Rubrics, Portfolios)	Pedagogies (Suggestive)
April 07	Ch- 1 On the sea shore	<b>DOMAIN</b> Socio emotional development  <b>CURRICULAR GOALS</b> CG5-Children develop a positive attitude towards productive work	C 6.1 Shows care for and joy in engaging with all life forms	Self awareness Devotion Communication	Language (English): Rhyming, comprehension  Life Skills: Reflection, Devotion	Classroom Home environment Nature/outdoor space for reflective activity	Observation checklist for participation in discussions Rubric for prayer/chart presentation	Reflective practice Group discussion and recitation
May 06	Ch-2 Self- help is the best help	<b>DOMAIN</b> Socio emotional development  <b>CURRICULAR GOALS</b> CG5-Children develop a positive attitude towards productive work	C.4.2 Recognise different emotions and make deliberate efforts to regulate them appropriately	Critical Thinking Empathy Problem Solving	Life Skills:- Self Reliance	AV Room - role play Classroom discussion area for storytelling	Poster: Self help (getting ready for the school on your own)	Storytelling
July 08	Ch-3 Never waste food	<b>DOMAIN</b> Physical Development  <b>CURRICULAR GOALS</b> CG-1 Children develop habits that keep them healthy and safe	C.1.1 shows a liking for and understanding of nutritious food and doesnot waste food	Environmental Awareness Critical Thinking	life skill- Thrift  Art-Draw your favourite food.	Outdoor activity - Observing children during lunch break AV Room- video on importance of ecosystem.	Reflective journal: 2 ways through we can use leftover food at parties	Making fruit salad
August 07	Ch-4 The Quarrel	<b>DOMAIN</b> Socio emotional development  <b>CURRICULAR GOALS</b> CG5-Children develop a positive attitude towards productive work	C 4.4 Shows cooperative behaviour with other children	Critical Thinking Empathy Problem Solving	life skill- Unity	AV Room - role play Classroom discussion area for storytelling	Discusion - Have you quarled with anyone? and who solved your quarrel?	Storytelling  Self Reflection-How anger makes me feel?

Sept 07	Ch-5 A gift	<p><b>DOMAIN</b> Socio emotional development</p> <p><b>CURRICULAR GOALS</b> CG5-Children develop a positive attitude towards productive work</p>	C 4.6 shows kindness and helpfulness to others.	Critical Thinking Empathy	Moral Science Language - Dialogue writing between child and mother	Circle Time - Storytelling corner Classroom Space- Group discussion Library -Reading area with moral texts	Language :Write 5 things that you have learnt from your mother	Storytelling Role Play Make a card for your mother
Oct 08	Ch-6 The elephant makes friends	<p><b>DOMAIN</b> Socio emotional development</p> <p><b>CURRICULAR GOALS</b> CG5-Children develop a positive attitude towards productive work</p>	C 4.4 Shows cooperative behaviour with other children	Emotional intelligence	Language - Creative writing ,Nukkad Natak	Nukkad Natak	Make a friendship band for your friend	Role play - Story
Nov 07	Ch-7 Hard work: the key to success	<p><b>DOMAIN</b> Socio emotional development</p> <p><b>CURRICULAR GOALS</b> CG5-Children develop a positive attitude towards productive work</p>	C 5.1 Demonstrates willingness and participation in age-appropriate physical work towards helping others	Critical Thinking Empathy	Language - story writing Life skill - Friendship	Music Room- song on hardwork Art Room- create posters on hardwork	Discussion - Things you get only after hardwork.	Storytelling Role play situational stories - depicting hardwork
Dec 07	Ch-8 The farmer's well	<p><b>DOMAIN</b> Socio emotional development</p> <p><b>CURRICULAR GOALS</b> CG5-Children develop a positive attitude towards productive work</p>	C 4.7 Understands and responds positively to different thoughts, preferences, and emotional needs of other children.	Responsibility Critical Thinking Self*direction Growth Mindset	Language - story telling life skill- Wisdom	Classroom corner for storytelling Group workspaces	Story related to Akbar and Birbal <a href="https://www.youtube.com/watch?v=tx3xkPGYfpU">https://www.youtube.com/watch?v=tx3xkPGYfpU</a>	Storytelling with role play Think Pair Share
Jan 06	Ch-9 The wolf and the stork	<p><b>DOMAIN</b> Social &amp; Emotional Development</p> <p><b>CURRICULAR GOALS</b> CG5-Children develop a positive attitude towards productive work</p>	C 4.6 shows kindness and helpfulness to others.	Empathy  Communication Skills	Life skill- Generosity	Circle Time for sharing experiences Classroom wall for "Acts of Kindness"	Group activity: Plan a kindness campaign	Storytelling Group Work  Role play on different helping situations
Feb 07	Ch-10 Being honest	<p><b>DOMAIN</b> Social and Emotional Development</p> <p><b>CURRICULAR GOALS</b> CG5-Children develop a positive attitude towards productive work</p>	C 4.7 Understands and responds positively to different thoughts, preferences, and emotional needs of other children.	Emotional intelligence Responsibility Critical Thinking	Language - Creative writing life skill - Honesty	Video on honesty <a href="https://www.youtube.com/watch?v=BGIHu7gufhc">https://www.youtube.com/watch?v=BGIHu7gufhc</a>	Group discussion - Is it right to cheat while playing a game?	Role play - Story